



The Herricks Throwing Invitational will be held on Friday May 6, 2016.

All entries must be received before April 22.

Coaches Information:

- Clerking will begin promptly at 4:15 am.
- Awards: Medals to the top 5 finishers in each event.
  - 4 Throws for varsity athletes.
  - 3 Throws for Frosh/Soph athletes.
- If you are interested in attending you must contact Throwing Coach Andrew Cloud prior to submitting this entry form.
  - Herricks Athletic office (516) 305-8770

Order of events:

Discus Boys V, F/S; followed by girls  
Shot Put Girls V, F/S followed by boys Varsity



Herricks Throwing Invitational  
Friday May 1, 2015  
Entry Form

School: \_\_\_\_\_  
School Phone #: \_\_\_\_\_

Boys Coach Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Assistant Coach: \_\_\_\_\_

Girls Coach Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Assistant Coach: \_\_\_\_\_

Boys Blanket Fee: \$50 plus the cost of officials to be  
billed through BOCES \_\_\_\_\_  
Girls Blanket Fee: \$50 plus the cost of officials to be  
billed through BOCES \_\_\_\_\_

Please fill out form and Mail or Fax to:  
Herricks High School  
100 Shelter Rock Road  
New Hyde Park, NY 11040  
C/O Joseph Caruso  
Fax # (516) 248-3226

Make Checks payable to Herricks Track & Field Club, C/O Joseph Caruso